



UNIVERSITY OF  
APPLIED SCIENCES IN NYSA



Co-funded by  
the European Union

# Erasmus+ Guide for Incoming Students



International Cooperation Office

[ico@pans.nysa.pl](mailto:ico@pans.nysa.pl)



[www.facebook.com/bwm.nysa](https://www.facebook.com/bwm.nysa)



[ico\\_uas\\_nysa](https://www.instagram.com/ico_uas_nysa)

# Perfect location for International students

## What makes us special?

- Modern facilities and laboratory equipment that conforms to the higher standards
- Well-organized infrastructure including e-services for the students
- Broad educational and non-educational offer
- Lectures and classes conducted by first-rate staff from Poland and abroad
- Excellent practical preparation of graduates
- 5 Additional Competence Programmes
- A variety of scientific disciplines in teaching and research
- International environment, programmes and projects
- Erasmus+ Programme, Double Diploma programmes and other scholarships
- Complex support for foreign students
- Safety of studying and living in Nysa

\*The structure of the University:  
Departments: Technical, Medical,  
Health,Economical, Social  
Sciences, Jazz, Modern languages



# How to apply?

For details, visit: [www.pans.nysa.pl/org/ico/strona/students](http://www.pans.nysa.pl/org/ico/strona/students)

- **Admission Requirements**

Erasmus students applying for a given study period at the University of Applied Sciences in Nysa are requested to send the following documents to International Cooperation Office via e-mail: [ico@pans.nysa.pl](mailto:ico@pans.nysa.pl)

- **Application form-**

KA131 students: [Erasmus + | Formularze zgłoszeniowe \(pans.nysa.pl\)](#)

KA171 students: <https://forms.gle/JQt4DHokrMd4ACVe6> After you fill the form, it will be automatically received by our office

- **Learning Agreement (Before Mobility part)**

You should have at least 20 ECTS in table B

Table B can't have less ECTS than table A

Link to COURSE CATALOGUE (blue box on the left): <http://www.pans.nysa.pl/index.php?p=25>

- **Transcript of records-TOR (from home University)**

The document is a list of course units taken; the exams you have passed and the credits gained

- **Scan of ID/ Passport with valid visa**

Visa can be send later, but before arrival to Nysa

- **Copy of the certificate of health insurance**

You can send the document later, but before arrival to Nysa

- **English Language certificate (at least B2)**

It can be issued by: certified language centres; language schools; language lecturers from Home University

- **Electronic photo**

PDF or JPG format; we will use the photo for the student card

## **Application deadline:**

Fall semester- 15/06/2024

Spring semester- 15/11/2024

# Changes to learning agreement

## Learning Agreement (During Mobility part)

- You have 2 weeks after your classes started to modify your LA.
1. You need to inform our office (via e-mail) about your planned changes, you need to ask your home coordinator for permission to make them.
  2. Fill the During Mobility Form and send us the editable form of the document.
  3. After our confirmation, send the document to your home coordinator and ask for a signature.
  4. Send us signed scan, next you and your coordinator from Nysa will sign it at our office .

Table A: Polish Courses

Table B: Home University Courses (ECTS Recognition)

Student	Last name(s)	First name(s)	Date of birth	Nationality <sup>1</sup>	Sex (M/F)	Study cycle <sup>2</sup>	Field of education <sup>3</sup>
Sending Institution	Name	Faculty/Department	Erasmus code <sup>4</sup> (if applicable)	Address	Country	Contact person name <sup>5</sup> ; email; phone	
	Name	Faculty/Department	Erasmus code (if applicable)	Address	Country	Contact person name; email; phone	
Receiving Institution	Name	Faculty/Department	Erasmus code (if applicable)	Address	Country	Contact person name; email; phone	
	University of Applied Sciences in Zielona Góra	International Cooperation Office	40-030/2011	ul. Słowackiego 17, 65-016 Zielona Góra	Poland	Anna Gładka anna.gladka@poczta.umz.lodz.pl tel. +48 42 253 62 42	

**During the Mobility**

**Exceptional changes to Table A**

To be approved by a staff signature for the student. The supervisor is either the sending institution and the responsible person in the receiving institution.

Table A2 During the mobility	Component code (if any)	Component title at the Receiving Institution (as indicated in the course catalogue)	Deleted component (tick if applicable)	Added component (tick if applicable)	Reason for change <sup>6</sup>	Number of ECTS credits (or equivalent)
						Deleted: ECTS Added: ECT Total:

**Exceptional changes to Table B (if applicable)**

To be approved by a staff or supervisor for the student and the supervisor either in the sending institution.

Table B2 During the mobility	Component code (if any)	Component title at the Sending Institution (as indicated in the course catalogue)	Deleted component (tick if applicable)	Added component (tick if applicable)	Number of ECTS credits (or equivalent)
					Deleted: ECTS Added: ECT Total:

**Commitment**

In signing this document, the student, the sending institution and the receiving institution confirm that they approve the learning agreement and that they will comply with all the arrangements agreed by all parties. Sending and Receiving Institutions undertake to carry out the principles of the Erasmus Charter for Higher Education relating to mobility for studies in the activities agreed in the trans-institutional Agreement for institutions located in Eastern Countries. The sending institution and the student should also confirm to be in full compliance with the Erasmus grant agreement. The Receiving Institution confirms that the advantages specified in Table A are in line with its course catalogue and related to activities in the student's field of study. The sending institution agrees to complete all the credit transfer at the receiving institution for the courses/subjects completed abroad and agreed in the learning agreement. In more than one year, the student's degree as described in Table B. Any variations to this rule are discussed in an annex of the learning agreement and agreed by all parties. The student and the Receiving Institution will communicate to the sending institution concerning any change regarding the study programme, duration, periods and/or study period.

Commitment	Name	Email	Position	Date	Signature
Student			Student		
Responsible person <sup>7</sup> at the Sending Institution			Departmental Erasmus Coordinator		
Responsible person <sup>8</sup> at the Receiving Institution			Departmental Coordinator		



# How to get to Nysa and Dormitory

---

- ***Few options you can consider to get to Nysa:***

1. The nearest airport is Wrocław Copernicus Airport. Direct trains available from Wrocław Główny (train station) to Nysa Train station.
2. Flixbus – If you are travelling from a country close to Poland, there are direct and connecting buses available to Nysa.

*\*Look for the best and easiest way possible from your location\**

***Dormitory address –***

Kościuszki 2, 48-300 Nysa  
tel. +48 77 4331305

<https://arc.pans.nysa.pl/index.php?p=25,217,0,0,-1,419>



# Dormitory

Each room is for two people and has free access to the internet. In the dormitory you can find two study rooms, computer room, TV room, tennis table, three kitchens and a laundry room.

*The price is 540 PLN (~120 Euro) per month*

***\*Please note\*:***

---

Erasmus+ students coming to Nysa will be accommodated at the University Dormitory. Nevertheless, the number of places is limited and priority will be given to the students who sent all required application documents as the first ones, according to the rule "first come, first served".

It is necessary for Erasmus+ students to pay a security deposit (200 PLN) after their arrival, which will be refunded before their departure if there is no damage done to your room.

If the number of rooms won't be enough for all of the students, International Cooperation Office offers help in finding the accommodation in private dormitories located in Nysa.

In case of any questions concerning accommodation, please contact International Cooperation Office: [bwm@pans.nysa.pl](mailto:bwm@pans.nysa.pl)

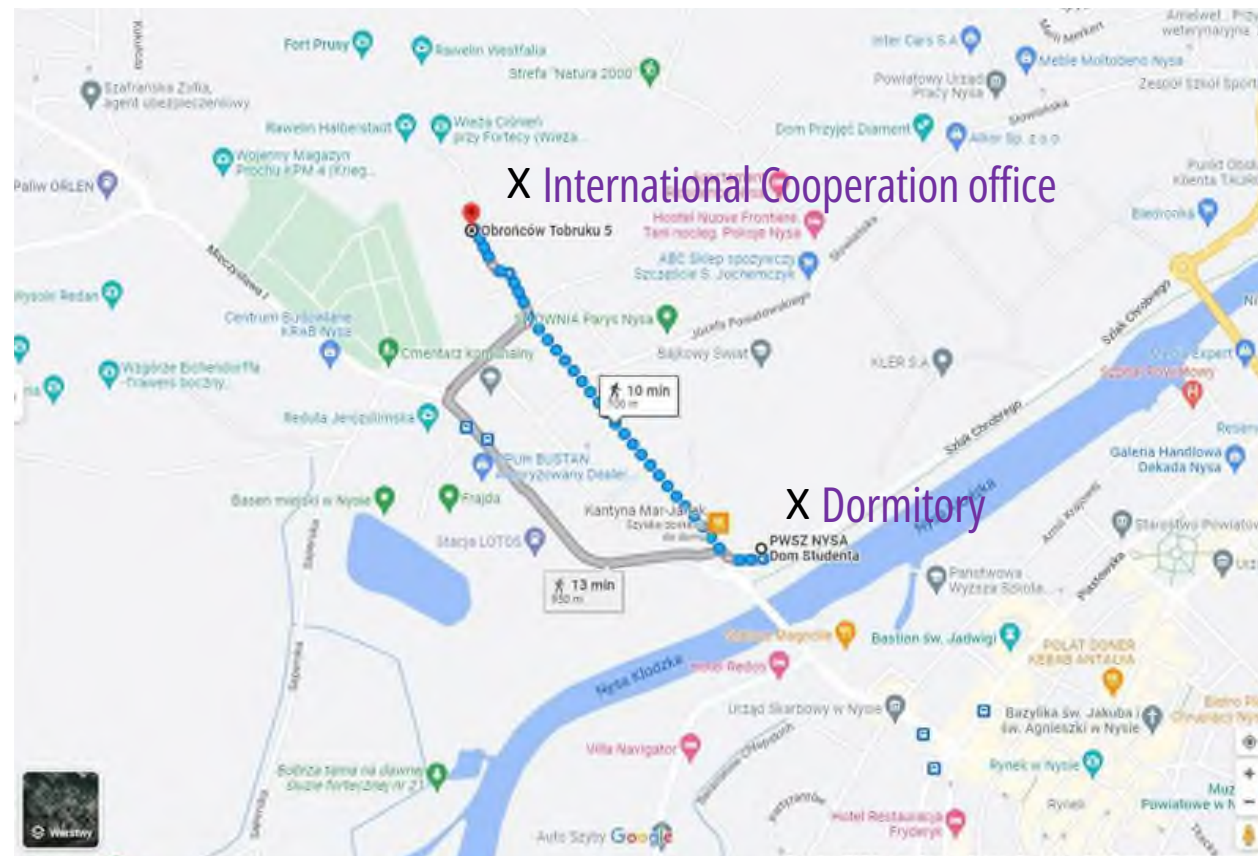
---



# International Cooperation Office

- **Address:** ul. Obrońców Tobruku 5; 48-300 Nysa; room number 2
- [bwm@pans.nysa.pl](mailto:bwm@pans.nysa.pl)
- whatsapp: +48 78 379 0100 ; +48 77 409 1687
- Facebook: <https://www.facebook.com/bwm.nysa/>
- Office working hours: Monday - Friday 7:30-15:30

Remember that after your arrival to Nysa and checking in at the dormitory, you need to visit our office to register you officially (*your visit at the office is treated as the first day at the University,*  
*This date will be written in the confirmation of stay/arrival certificate).*





# Academic Calendar 2024/2025

**FALL SEMESTER:** 01.10.2024 – 02.02.2025

Winter holidays: 23.12.2024 – 07.01.2025

Winter exam session: 03.02.2025 – 16.02.2025

End of the semester: **19.02.2025**

**SPRING SEMESTER:** 20.02.2025 – 15.06.2025

Spring holidays: 16.04.2025 – 22.04.2025

Summer exam session: 16.06.2025 – 29.06.2025

Summer holidays: 30.06.2025 – 30.09.2025

End of the semester: **30.09.2025**

**BREAK BETWEEN THE TERMS :** 17.02.2025 – 19.02.2025

# Electronic Student Card

- Access to bus, train and other student discounts
- Cost: 22 PLN
- Paid at the PKO Bank Polski (address: Rynek40, Nysa) for details of the bank account please contact: [ico@pans.nysa.pl](mailto:ico@pans.nysa.pl)
- The title of the Transfer: *Student Card Your name and Surname*
- Send the photo (pdf, jpg) for the student card to [ico@pans.nysa.pl](mailto:ico@pans.nysa.pl)
- Send the photo or scan of payment confirmation to [ico@pans.nysa.pl](mailto:ico@pans.nysa.pl)



# Registration at the City Council

- All non-EU students need to register their stay in Nysa at the City Council within the week after arrival to Poland.
- To register you need to take with you: your passport , filled and stamped registration form (given by director of the dormitory).
- The schedule of the registration (time and day) will be sent to you by the International Cooperation Office. All changes in the schedule from
- your side need to be consulted with our office two days prior to the visit.
- The address of the City Council: Kolejowa15, 48-300 Nysa
- The worker of our office will go with you to the City Council as a translator



# University Library

- Address: ul. Chodowieckiego4 (III floor, room 301) e-mail: [bco@pans.nysa.pl](mailto:bco@pans.nysa.pl)
- Mon-Fr: 8.30 –15.30 (break: 13.00 –13.15)
- Go to the library with the student card to activate your account for the first time
- Access to: E-publications, online catalogues, online databases, digital libraries, e-journals.
- Access to the Bookomat: It enables readers, (especially during hours when the library is closed or during periods of pandemic), to pick up pre-booked books

Read more about the library: [Biblioteka PANS w Nysie](#)





# University Buildings



## Building A

Finance and Accounting  
4 Chodowieckiego, Nysa



## Building C

Engineering, Computer  
Science  
Obrońców Tobruku 5, Nysa



## Building G

Architecture  
Obrońców Tobruku 5, Nysa



## Building F

English and German Philology  
Obrońców Tobruku 5, Nysa



## Building D

Dietetics, Nursing, Health  
Studies  
ul. Ujejskiego 12

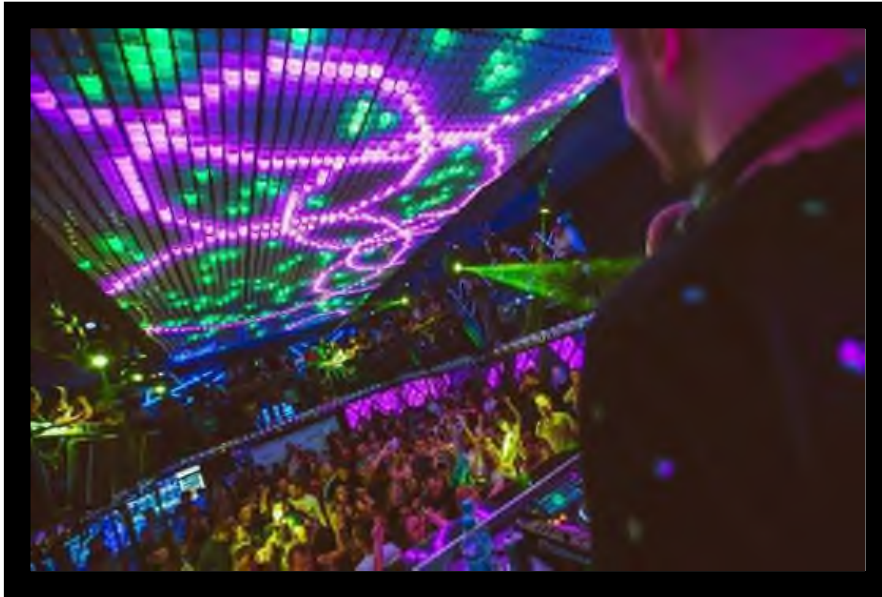
# Erasmus+ Coordinators

<b>Faculty</b>	<b>Coordinator</b>	<b>E-mail</b>
FINANCE AND ACCOUNTING	dr Joanna Szczepańska	<a href="mailto:joanna.szczepanska@pans.nysa.pl">joanna.szczepanska@pans.nysa.pl</a>
NURSING	mgr Paweł Merkel	<a href="mailto:pawel.merkel@pans.nysa.pl">pawel.merkel@pans.nysa.pl</a>
DIETETICS	prof. dr hab. inż. Joanna Wyka	<a href="mailto:joanna.wyka@pans.nysa.pl">joanna.wyka@pans.nysa.pl</a>
COSMETOLOGY	dr n. farm. Magdalena Rogóż	<a href="mailto:magdalena.rogoz@pans.nysa.pl">magdalena.rogoz@pans.nysa.pl</a>
ARCHITECTURE	dr inż. arch. Agata Pięt	<a href="mailto:agata.piet@pans.nysa.pl">agata.piet@pans.nysa.pl</a>
COMPUTER SCIENCES	dr inż. Damian Raczyński	<a href="mailto:damian.raczynski@pans.nysa.pl">damian.raczynski@pans.nysa.pl</a>
PRODUCTION MANAGEMENT AND ENGINEERING	dr inż. Piotr Chwastyk	<a href="mailto:piotr.chwastyk@pans.nysa.pl">piotr.chwastyk@pans.nysa.pl</a>
ENGLISH PHILOLOGY (teaching)	mgr Sebastian Zatylny	<a href="mailto:sebastian.zatylny@pans.nysa.pl">sebastian.zatylny@pans.nysa.pl</a>
ENGLISH PHILOLOGY (translation)	dr Iwona Sikora	<a href="mailto:iwona.sikora@pans.nysa.pl">iwona.sikora@pans.nysa.pl</a>
GERMAN PHILOLOGY	dr Monika Witt	<a href="mailto:monika.witt@pans.nysa.pl">monika.witt@pans.nysa.pl</a>
ADMINISTRATION	dr Grzegorz Chmielewski	<a href="mailto:grzegorz.chmielewski@pans.nysa.pl">grzegorz.chmielewski@pans.nysa.pl</a>
INTERNAL SECURITY	dr Adam Banaszkiwicz	<a href="mailto:adam.banaszkiewicz@pans.nysa.pl">adam.banaszkiewicz@pans.nysa.pl</a>
EMERGENCY MEDICAL RESCUE	mgr Paweł Merkel	<a href="mailto:pawel.merkel@pans.nysa.pl">pawel.merkel@pans.nysa.pl</a>
HUMAN PSYCHOPHYSICAL DEVELOPMENT	dr n. o zdr. Ewa Szura	<a href="mailto:ewa.szura@pans.nysa.pl">ewa.szura@pans.nysa.pl</a>



# Nightlife & Entertainment in Nysa

## ❖ Clubs

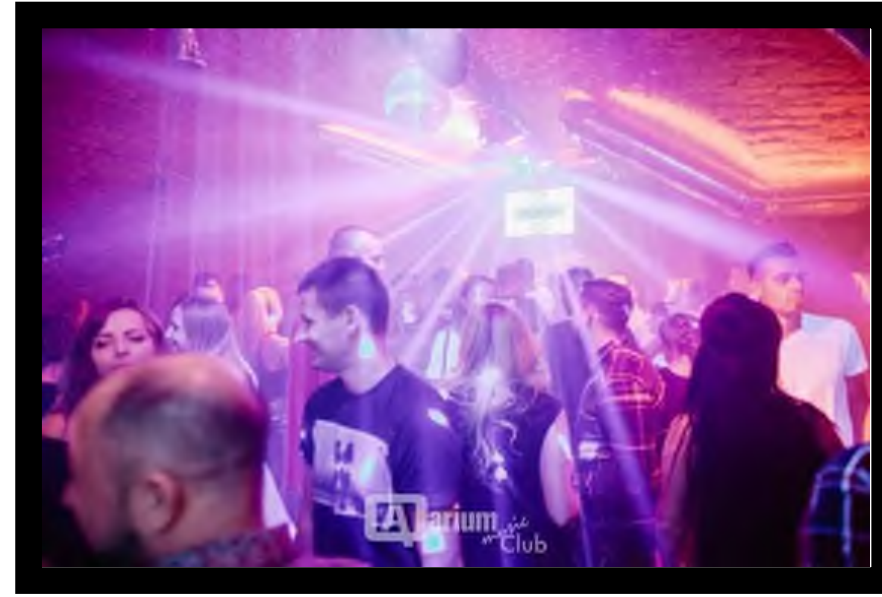


### **Nitro Club Nysa**

*1 Mazowiecka, Nysa*

- Tech house, electro house music
- One professional dance floor
- Two bars
- Parties on Saturdays and Fridays

opens at 10:00 pm



### **Aquarium Music Club**

*19 Piastowska (Bastion św. Jadwigi) Nysa*

- First professional club in Nysa
- House, disco, RnB, latinomusic
- Two dance floors
- Parties on Fridays and Saturdays, sometimes during the week, opens at 9:00 pm

# ❖ Pubs and bars



## **Piwiarnia Warka Nysa**

*12 Prudnicka, Nysa*

- Tasty beer, drinks, snacks, everyday dinners
- Group watching of football/volleyball matches
- Karaoke
- Occasional parties



## **Arsenał Centrum Rozrywki**

*2 Szlak Chrobrego, Nysa*

- Tasty beer, drinks, snacks
- Students' Tuesdays- lower prices
- 4 bowling lanes
- Billiards, cyber guy
- Group watching of football matches



## **Just Burger, Nysa**

*2-4 Bracka, 48-300 Nysa*

- All kinds of delicious burgers

# Restaurants



## **Kazamaty Pub & Restaurant**

*19 Piastowska (Bastion św. Jadwigi), Nysa*

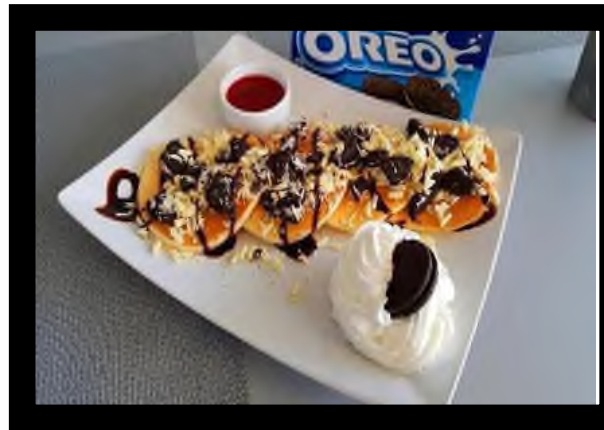
- delicious Polish, European menu
- Fully equipped bar
- Professional service
- Elegant interior
- Higher prices



## **Fratelli Sossi Nysa**

*19/1 Piastowska (Bastion św. Jadwigi)*

- Tasty Italian food like: pizzas, macaroni, salads
- Reasonable prices
- Fully equipped bar and Great atmosphere
- Food delivery (phone: 730 225 599)
- Very popular



## **Naleśnikarnia Maska**

*Wyzwolenia 6. Nysa*

- All kinds of delicious Pancakes



## **Polat Doner Kebab Antalya**

*Wrocławska 11, Nysa*

- Delicious Turkish dishes
- Very popular





## Pan Buła

*26a Prudnicka, Nysa*

- Street food restaurant: delicious burgers, Cuban sandwiches, Belgian fries, pizza
- Food delivery ( phone: 507 166 267)
- Open everyday



## McDonald's

*Ractawicka 12, 48-300 Nysa*

- We know what they serve 😊



## Pizzeria Siwy Dym

*Bielawska 5, 48-300 Nysa*



## KFC

*Ractawicka 2 A, 48-300 Nysa*

- Restaurant chain known for its buckets of fried chicken, plus combo meals & sides



## Fanaberia Nysa

*20 Wroclawska, Nysa*

- Healthy food, high quality ingredients
- Fit Breakfasts, lunches, sandwiches, wraps, vegetable juices, muffins
- Open from Monday to Saturday

# ❖ Other Places



## Shopping Centres:

**GALERIA DEKADA:** *Wolności 2; 48-300 Nysa*

**VENDO PARK:** *Marszałka Józefa Piłsudskiego 7, 48-303 Nysa*



## Nysa Lake

- Beach
- Walking track



## Traditional Polish dinners:

- **BAR MAR-JANEK** - students' canteen  
address: Tadeusza Kościuszki 4A  
(next to the dormitory)

# Erasmus Students 2023/2024

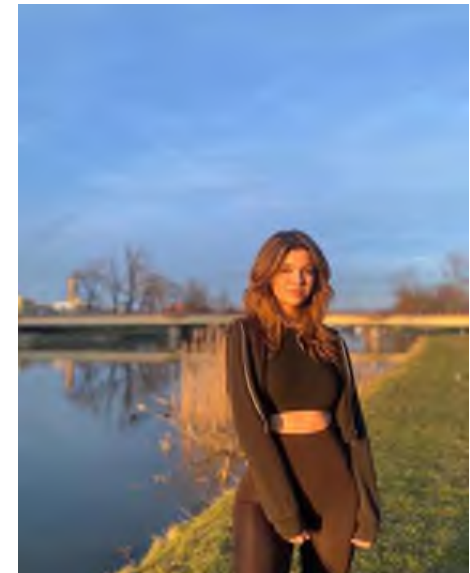


## **PAULA FLORES BUCIO, MEXICO** CETYS University

I came to Nysa to do an internship in the international cooperation office and to study. I truly recommend the University of Applied Sciences for their high standards of teaching and learning. Since I arrived I have felt welcomed and appreciated. Everything has been amazing, the university facilities and students residence are very good. The office Staff is very dedicated, helpful and made me feel at home, they welcomed me in a manner which made me think that our safety and comfort is one of their biggest priority. Nysa is a wonderful, calm and magic. I made good friends, learned a lot personally and developed skills that I will need for my professional life. Don't think twice, do it!

## **ŞEYMA MALATYALI, TURKEY** Burdur Mehmet Akif Ersoy Üniversitesi

I came to Poland for an Erasmus+ Program. I was very stressed at first, but that was until I met people here. I made so many kind and funny friends here thanks to this program. Also, the teachers, tutors and especially the Erasmus Office were very helpful and caring people. They helped with everything and you can be sure that they make you feel at home. Nysa is a very calm and beautiful city with its green nature. I think everyone should come here and have the experiences I had. I can notice the change in myself. I developed myself here thanks to the experiences. Don't hesitate to do it, you won't regret!







**OLEKSANDRA TORAK, UKRAINE** Ivan Franko National University of Lviv

From the moment I arrived, I was welcomed with open arms by the faculty, staff, and fellow students. Diverse community made my time here truly unforgettable. The quality of education I received at this university has surpassed all my expectations. The professors and lecturers demonstrated an exceptional level of expertise and were passionate about their subjects. Beyond the academic sphere, the university has provided a lot of extracurricular activities and amazing events. City Nysa charmed me with its coziness, beautiful architecture and a quiet peaceful river and lake. I am grateful for the opportunities and friendships that have enriched my life. I will never forget it!

**HAFIDA DALAA, ALGERIA** University of BelhadjBouchaibAintemouchent

I came to Poland on a scholarship. At first I was afraid, but when I arrived everything had changed. I met Erasmus Office workers who were amazing and kind. I'm so thankful for them for they helped us with everything. I developed myself because of my teachers here, without forgetting my Erasmus+ friends whom I spent an amazing time with. So for every student, don't be shy and enjoy every single moment. Finally, Nysa, I can't find words to describe its beauty and how generous its people are. You will never regret it if you choose to study in Nysa.





## **MURAD BAGHIROV, AZERBAIJAN**

In student life, the opportunity to study with students of different nationalities and countries for a certain period of time is great. This time I chose Nysa for 6 months. The attention and respect of the teachers with us is very good, our trips and fun times with our classmates are great. The conditions at the university and in the student residence are excellent. And I was never wrong in my decision. I had many unforgettable memories and wonderful friendships in small, sweet, beautiful, quiet and safe Nysa.

## **SREE SHARAN, INDIA** Hochschule Mittweida, Germany

If experiences were flowers, I could make a beautiful garland out of my experiences in Nysa. I came to Nysa with big expectations of meeting new people, learning new culture, travelling and much more and this university and its wonderful staffs and students helped me attain all my expectations in the best way they could. On the other hand, the academics stand out special with a very professional and amazing lecturers and professors. Not forgetting the Erasmus+ friends from different countries who gave me an opportunity to know more about their country and culture. If you are looking for a place with wonderful people, pleasant surroundings and beauty in its nature, Nysa is one of the best choices. You will not regret it! Instagram: sree\_sharan\_s





**WAI PHYO LIN, THAILAND** Mae Fah Luang University

I came to Nysa, Poland from Thailand, the land of smiles. First of all, I found out that many Polish people are friendly and most are ready to give you a hand if you need help. I came here myself without any accompanies but whenever I need help, I can ask someone in the street, I can guarantee that they will help you. Plus I love the weather and bright and green environments around here. I am studying in medical faculty and the facilities and the quality of teaching at the university of Applied Sciences in Nysa is very good.

**JAIME SUBRÁ, SPAIN** Universidad de Valladolid

I came to Nysa to do my final bachelor's project. Although I came in winter, the city was very beautiful. People here are very friendly and helpful. The international staff and professors are so kind and helpful and they really helped me to develop so many skills and improve in so many areas during my time in the University of Applied Sciences in Nysa. My experience in this city as an Erasmus+ student was amazing and I met people that I won't forget.





# 12 PHRASES IN POLISH

FOR BEGINNERS

**Cześć**

Hello!

**Dzień dobry**

Good morning!

**Do widzenia**

Bye

**Przepraszam**

Excuse me.

**Jak się masz?**

How are you?

**Dziękuję**

Thank you.

**Kocham cię**

I love you.

**Proszę**

Please.

**Przepraszam**

I'm sorry.

**Miło mi cię**

**poznać**

Nice to meet you.

**Dobrze, dziękuję**

Fine, thank you.

**Dziękuję Ci  
bardzo**

Thank you very much.



# University of Applied Sciences in Nysa

Państwowa Akademia Nauk Stosowanych w Nysie

Erasmus+ID Code PL NYSA01

PIC 949201261

ul. Armii Krajowej 7, 48-300 Nysa, Poland

[www.uas.nysa.pl](http://www.uas.nysa.pl)

Telephone +48 77 409 1687 ; +48 77 409 1686

mail [bwm@pans.nysa.pl](mailto:bwm@pans.nysa.pl), [ico@pans.nysa.pl](mailto:ico@pans.nysa.pl), [international@pans.nysa.pl](mailto:international@pans.nysa.pl)

[www.facebook.com/bwm.nysa](http://www.facebook.com/bwm.nysa)