



# COSMETOLOGY

**Degree:** Bachelor's degree  
**Faculty:** Faculty of Health Sciences and Physical Education  
**Specialisations:** specialised cosmetology, cosmetics chemistry and technology  
**Duration:** 3 years

Cosmetology is an interdisciplinary field of study that gathers knowledge and experience from many areas of science, such as biology, biochemistry, chemistry, physics, medicine, pharmacy, rehabilitation, dietetics, psychology. A cosmetologist should be a person who is willing to cooperate with representatives of different medical professions as well as with cosmetic product and equipment manufacturers and is aware of the wide range of legal and marketing issues in the field. Cosmetology is a field of study addressed to students who want to develop their scientific interests and participate in training trips, lectures or conferences. Together with their supervisors, students are co-authors of publications published in scientific journals. Moreover, they have the possibility to present the results of their projects and research projects during the conferences that the University of Applied Sciences in Nysa organises.

## Educational goals

- providing students with theoretical knowledge as well as practical training and technical instruction and skills in terms of the newest trends in cosmetology, modern techniques and equipment, care and therapeutic cosmetology, visage styling, make-up, planning and documentation of cosmetic procedures
- teaching students how to cooperate with specialists from different related areas and clients
- transferring knowledge and skills in cosmetic chemistry, cosmetic formulas, quality of cosmetic materials, ingredients, ways of production and toxicology of various cosmetic products
- delivering knowledge and skills in applicable cosmetics law and marketing



## Selected general courses

- anatomy
- biology and genetics
- histology
- physiology and pathophysiology
- microbiology and immunology
- dermatology
- pharmacology
- care and beauty cosmetology
- physiotherapy
- massage
- body shaping

## Selected specialisation courses

### ***Specialised cosmetology***

- specialised and care cosmetology
- balneotherapy and hydrotherapy
- plastic surgery
- allergology
- dietetics
- visage and styling

### ***Cosmetics chemistry and technology***

- chemistry of raw cosmetic materials
- marketing and management in cosmetic product sale
- basics of pharmacognosy and technology of plant raw materials
- perfume product and coloured cosmetics technology



### **Aleksandra, Poland**

The University of Applied Sciences in Nysa played an important role in my life as I gained much theoretical and practical knowledge there. During my studies, I learnt not only how to carry out cosmetic procedures but also how to do it in a friendly atmosphere. Moreover, cosmetology lecturers in Nysa emphasise the importance of beauty salon's image, its sterility and safety, especially when it comes to dealing with clients.



### **Magdalena, Poland**

The University is perfectly equipped with everything a good cosmetologist might need. When it comes to lecturers, I can surely say that Nysa has the best lecturers in Poland! Furthermore, during the practical classes, we could develop our knowledge carrying out many advanced cosmetic procedures, such as micro-needle mesotherapy, laser therapy or electrostimulation. What is more, the University enables students to take part in courses and training which are not included in the study programme, such as visage, Chinese bubble massage or eyelash extension.